

Communicating In Marriage

Communicate: “make understood to someone; exchange messages; be in communion; be connected”

Eph. 4:29-32—“let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. And do not grieve the Holy Spirit of God by whom you were sealed for the day of redemption. Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you with all malice, and be kind to one another, tenderhearted, forgiving, one another, even as God in Christ forgave you.”

A. Importance of communication:

Amos 3:3—“can two walk together, except they be agreed”.

B. Remember, we are designed differently:

1. Two very different people
2. Two differing opinions
3. Two differing sets of values
4. Two differing methods

C. Guidelines to help communication:

Prov. 18:21, 25:11

Job 19:2

James 3:8-10

1Pet. 3:10

1. Be a ready listener, be slow to speak

Prov. 18:13

Prov. 10:19

James 1:19

2. Try to understand the other person's opinion:

Prov. 18:2, 15

3. You can disagree without quarreling; do not respond in uncontrollable anger.

Prov. 17:14

Prov. 20:3

Eph. 4:31

(No loud verbal competition) Prov. 25:15, 21:2

4. Avoid nagging:

Prov. 21:9, 21:19, 17:1

5. Don't use silence as control:

Col.4:6

6. Always close the day in peace:

Eph.4:26

7. When someone confesses (repents), forgive

Prov.17:9- "He who covers a transgression seeks love

Eph.4:32

Col.3:13

8. Restore:

1Pet.5:8

Phil.2:3

Eph. 4:2

Rom.12:15